

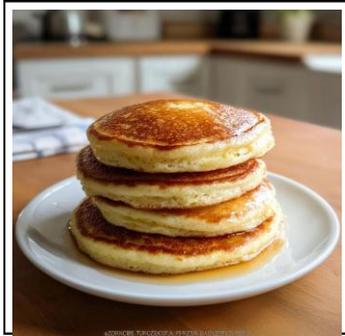


pulse

The *heartbeat*
of the Kiwanis
Club of Panama City



Volunteer Satisfaction **Children Service** Helping International Kiwanis
Networking Fun **Community** Leadership Camaraderie Fundraising Friendship
Caring Key Club



What Time is it?



FL District Governor	-Tommy Mills
Div. 2 Lt Governor	-Jake Cook
FL Foundation Trustee	- Keith Forehand
Key Club Lt Governor	- Erica Sims

Division 2 Leaders
Leaving a Legacy for the Children

"Coming in like a lion and going out like a lamb"
March is uniquely special as the transition month signaling the start of spring with the vernal equinox, bringing longer days and Daylight Saving Time. It is marked by St. Patrick's Day, NCAA March Madness, and Women's History Month. Additionally, it features the Full Worm Moon and prime maple syrup harvesting. For Kiwanians, March is a time to get busy!
Mardi Golf is over and our attention now turns to **Pancake Days**.
Tickets are printed, the song is sung, supplies are being ordered, now it's YOUR turn. **SELL** those tickets and corporate sponsorships. We need **EVERY** member to help, as this fundraiser is what supports all of our efforts during the year
Where can you eat breakfast for only \$7.00? It is an easy sell as this is a well-known event for the past 65 years and is supported by our community. You just have to ask. We'll have a drawing for an electric bicycle along with the great breakfast. Can't eat pancakes – on a diet? **Just buy a ticket** to help a child.
No excuses – you are Kiwanians!
Pick up your tickets at a meeting or call us and we'll get them to you.

SLP News

Mardi Golf was a GREAT Success! Thanks to **Eric Krebs** for all his hard work, we had over 160 participants. A beautiful day and everyone had a lot of FUN. A big **THANK YOU** to Pirates Island Golf for hosting us.

A new Key Club is in the works for Rutherford High School. Chevina Guilford is making that happen.

Here are some of the projects that our service leadership programs have ongoing:

1. Socks for Nursing Homes
2. Canned Goods Drive
3. Spring Dance for Positive Behavior
4. Beach Clean Up
5. Campus Beautification
6. Reading and Art Projects
7. Teacher Appreciation Day

They are ALL looking forward to Pancake Days.

How do we define Kiwanis?....."Kiwaniis is a global organization of volunteers dedicated to improving the world one child and one community at a time"



March Anniversaries

5th – Susan & Richard Lawson
 22nd – Nathan & Alica DeWall
 28th – Brian & Lori Hinton

March Birthdays

6th – Sue Flaschner
 10th – Kathryn Hart
 13th – Myron Guilford
 14th – Jake Cook
 22nd – Eric Krebs

We are now looking for a new Vice President, and possibly another Director, to serve on the Board for the remainder of this Kiwanis year. Do you want to join our Leadership Team? Let us know.

Welcome 2 New Members

Dr. Susan Lawson is the OLLI Program Coordinator at FSU Panama City (go Noles) We'll give credit to Doug Smith for sponsoring her.

Nolan Windholtz is a Minister through his pottery exhibitions and owner of Round Tree Pottery. He is sponsored by Keith Forehand.

Don't forget to attend First Friday and promote Kiwanis.

For all you trivia buffs, let's test your Kiwanis knowledge.

Where and when was the "District" concept accepted into Kiwanis?

Attend a meeting to find out the answer.
Did you know the answer last month? (1923)

Inspirational Moments for Kiwanis

The Chinese sage Confucius said: **"Caring, that is, consideration for others, is the basis for a good life, a good society."** Through Kiwanis, caring men and women can create a good life for themselves, and through voluntary service, a good society.



2025 – 2026 Officers / Directors

President	Sharon Trainor
Past President	Stefanie Gall
President Elect	Eric Spoon
Vice Pres.	
Secretary	Eric Krebs
Treasurer	Keith Forehand
Directors	
Debbie Armstrong	Karen Custer
Doug Huntsucker	Jake Cook
Dan Gall	Dale Cronwell
Stan Peacock	Steven Stoff
Corey Wilson	

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Committee Chairpersons

Service	Adopt a Precinct, Fall Festival, Meals on Wheels, Salvation Army Bell Ringing.
Human & Spiritual Values	Donna Golden Invocations & Sympathy Cards
Service Leadership Programs	
Mosley Key Club	Dan Gall
Bay High Key Club	Jake Cook
Bozeman Key Club	
Arnold Key Club	Steven Stoff
N. Bay Haven Key Club	Karen Custer
Merritt Brown Bldrs	Debbie Armstrong
Tommy Smith K-Kids	Donna Golden
Northside K-Kids	Kathy Hart
Beach K-Kids	Max Daleiden
Parker K-Kids	Dale Cronwell
Walsingham K-Kids	Todd Brister
Chautaugua Aktion Club	Myron Guilford
Jinks Builders Club	Ed Bell
100th Anniversary Committee	Eric Krebs

Committee Chairpersons

Membership	
Fund Raising	
Pancake Days	Eric Spoon
Holiday Auction	
Mardi Golf	Eric Krebs
Club Administration Programs	Doug Smith
Image	
Website	Melissa Brister
Facebook	Eric Krebs Sharon Trainor
Interclubs	
Finance	Keith Forehand
Auditor	Beverly Halley

Kiwanis Calendar of Events

Opportunities to Serve

Share the fun and Invite a Guest to be a part of Kiwanis

March 2026

- 4th - **Club Meeting**
Joel Booth -Council on Aging
- 6th - **Meals on Wheels**
Steve Stoff & Corey Wilson
- 6th - **First Friday**
Chamber of Commerce at FSU PC
- 11th - **Club Meeting**
Susan Bravo -Family Services
- 13th - **Meals on Wheels**
Myron Guilford & Chevina Guilford
- 16th - **Club Satellite Meeting**
5:30 pm Olive Garden on Hwy 77
- 17th - **St. Patrick's Day**
Wear Green or Get Pinched
- 18th - **Club Meeting**
Program TBA
- 20th - **Meals on Wheels**
Todd Brister & Brian Hinton
- 25th - **Club Meeting**
Program TBA
- 27th - **Meals on Wheels**
Ed Bell & Marilyn Fenimore
- 31st - **Board Meeting**
Via Zoom 5:30 pm

April 2026

- 1st - **Club Meeting**
Cara Hutt -Branding 101
- 3rd - **First Friday**
Chamber of Commerce at FSU PC
- 3rd - **Meals on Wheels**
Doug Smith & Kay Jackson
- 5th - **Easter**
- 8th - **Club Meeting**
Program TBA
- 9th - 11th - **Pancake Days!!!!**
Forest Park Church
- 10th - **Meals on Wheels**
Kathryn Hart & Dave Burris
- 15th - **Club Meeting**
Program TBA
- 17th - **Meals on Wheels**
Steve Stoff & Corey Wilson
- 20th - **Club Satellite Meeting**
5:30 pm Olive Garden on Hwy 77
- 22nd - **Club Meeting**
Program TBA
- 24th - **Meals on Wheels**
Myron Guilford & Chevina Guilford
- 25th - **100th Anniversary Celebration**
Henry Davis Park Dedication
- 25th - **Kidfest**
Bay County Fairgrounds
- 28th - **Board Meeting**
Via Zoom 5:30 pm
- 29th - **Club Meeting**
Law Day



Healthy Start

Bay, Franklin, Gulf
Healthy Start Coalition

Sharon Trainor www.healthystartbfg.com



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